

5-MINUTE SAFETY DRILL

Ergonomics

QUESTIONS

1. Have you experienced any of the pains discussed above?
2. How would you evaluate our computer workstations?
3. Are the chairs adjustable?
4. Do you ever make adjustments to the chair or monitor when working for more than an hour?
5. Is the lighting in the area adequate?
6. The greatest asset of the fire service is its people, protect them.