TAKE 5 FOR SAFETY

5-MINUTE SAFETY DRILL

Strains and Sprains: Can Be Career Stoppers!

Date:_____

Student:_____

Dept:_____

Station:_____

Training Code:_____

NOTES:

CHALLENGE

Strains and sprains represent the third largest category of injury to emergency personnel. Patient transfer is one part of the problem, however a significant number of strains and sprains are the result of falls and performing activities at the station!.

DISCUSSION

- Do we maintain good housekeeping habits at the station?
- Have we evaluated how equipment is stored for safe access?
- Do you routinely investigate near misses involving fall exposures?
- Do you look for equipment or techniques to solve the problems as identified?
- What can improve teamwork when performing tasks that need more than one person?
- You are the safety officer, what instructions do you have for your crew?

The greatest asset of the fire service is our people; protect them!

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Ask for public entity safety coordinator

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